

Frontline workers are experiencing an unprecedented amount of stress due to their response to the COVID-19 pandemic.

Reach out to our COVID-19

Mental Health Support

Line to speak to a caring

responder 24/7.

If you identify yourself as a frontline worker, you can be referred to a virtual support group designed specifically for frontline workers. The virtual groups are facilitated by experienced mental health professionals from The Harris Center for Mental Health and IDD.

Call the COVID-19 Mental Health Support Line for more information:

1-833-986-1919

